

Timeline – Peer Mentoring Scheme for 6-months rotations (Core Trainees / GP-GPVTs)

Generic timeline	Rotation months	Tasks	Evaluation (Mentors)	Evaluation (Mentees)
- 1 month	July/January	E-mail to Mentors (CTs/ SpRs) to invite to for training		
		One hours session on basic mentoring skills – Skilled Helper Model Stage 1+2; mandatory for new mentors		
		One hours session on advanced mentoring – Skilled Helper Model Stage 3; practicalities of the programme; mentors sign up for scheme; mandatory for new mentors		
0 (induction)	August/February	Session during induction and stall - new starter sign up to be mentees		Pre-mentoring Questionnaire
		E-mail to all new trainees, allowing to sign up if they haven't yet – up into 2 weeks into rotation		
		3 rd week: Matching of mentors and mentees		
		E-mail to mentors and mentees introducing each other Attached: information sheet; contract? Mentors encouraged to contact mentees to arrange first session		
+ 1 month	September/March		3 mentoring sessions	
+ 2 months	October/April	Reminder e-mail 1		
+ 3 months	November/May	Supervision / workshop		
+ 4 months	December/June	Reminder e-mail 2		
+ 5 months	January/July	<i>(if second round of scheme, recruit mentors)</i>		
+ 6 months	February/August	Thank you e-mails and certificates mentors and mentees completing the course		
			Mentors Learning Questionnaire (Application 2)	Post-mentoring questionnaire & feedback form